

YMCA Basketball

2021

11-12 and 13-14 Rules

1. Will play 5 vs 5 (Must start game with 5 players)
2. Games will begin promptly at the scheduled time.
3. Will play with 29.5 Basketball (regulation high school)
4. Will play (4) four (8) eight-minute quarters.
5. Will play on 10FT goal
6. Will have (2) referees per game.
7. Each team will get (2) one-minute timeouts per half.
8. Each team should play each player (2) quarters.
9. Any participant who is assessed (5) five personal fouls will be removed from the game.
10. To start the game, there will be a jump ball in the center of court.
11. The (3) three second lane violation and the (10) ten second back court will be more stricter starting the 2nd week of playing.
12. There are no restriction's on how a team can play Offence and Defense.
13. If rule is not above, it will fall under National Federation High School basketball rules.