

YMCA Basketball

2021

7-8 Rules

1. Will play 4 vs 4.
2. Will flip coin to get ball first.
3. Will play with 27.5 Basketball
4. Will play (4) four (8) eight-minute quarters.
5. Will play on 8FT goal.
6. Will have (1) one referee.
7. Each team will get (2) one-minute time-outs per half.
8. Each team should play each player (2) quarters.
9. No player can foul out, but if the referee sees a player getting too rough, Referee will ask coach to take him/her out of the game for a couple of plays to calm down.
- 10.No player can run with ball, must attempt to dribble.
- 11.Score will be taken.
12. If game is tied after regulation, overtime will be (3) minutes.
13. If tied after 1st overtime, players will shoot free throws.
- 14.The team with the most baskets made will be the winner.