

# YMCA Basketball

2021

## 9-10 rules

1. Will play 5 vs 5. (Must start the game with 5 players)
2. Games will begin promptly at the scheduled time.
3. Will play with 28.5 basketball.
4. Will play (4) four (8) eight-minute quarters.
5. Will play on a 10 FT goal.
6. Will have (2) referees per game.
7. Each team will get (2) one-minute timeouts per half.
8. Each team should play each player (2) quarters.
9. Any participant who is assessed (5) five personal fouls will be removed from the game.
10. To start the game, there will be a jump ball in the center of court.
11. The three- second lane violation and the ten -a second back-court violation will be more stricter starting the 2<sup>nd</sup> week of playing.
12. Teams will be able play defense at the three-point circle.
13. At the (2) minute mark of each quarter, teams can play defense after opposing team crosses half court.
14. If a team builds a 15-point lead, defense must stay behind 3-point circle.
15. If game ends in a tie, there will be a (3) minute overtime.

16. If game is still tied, each team player will shoot free throws, the most made baskets will be declared the winner.

17. Double dribbling and traveling will be more stricter starting the 2<sup>nd</sup> week of playing.